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HAPPINESS ON 10 A DAY A RECESSION-PROOF GUIDE



Harper Perennial. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 6.9in. x 4.9in. x 0.6in. Money might buy happiness . . . but what if you're on a budget? Forget the 300 therapy bills, the 197 secrets of happy people, the 18 steps to contentment. Happiness on 10 a Day is all you need to rediscover your joie de vivre without breaking the bank. Whether you're into schadenfreude, mooching, or just good old-fashioned fun, this wallet-friendly guidebook offers dozens of contentment-inducing activities. Along...

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- Authored by Heather Wagner
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