



## Get Inside Your Doctor's Head: Ten Commonsense Rules for Making Better Decisions About Medical Care

By Phillip K. Peterson

Johns Hopkins University Press. Hardback. Book Condition: new. BRAND NEW, Get Inside Your Doctor's Head: Ten Commonsense Rules for Making Better Decisions About Medical Care, Phillip K. Peterson, With so many medical tests and treatments and so much scientific and medical information-some of it contradictory-how can people make the best medical decisions? Most medical decisions, it turns out, are based on common sense. In this short and easy-to-read book, Dr. Phillip K. Peterson explains the ten rules of internal medicine. Using real case examples he shows how following the rules will help consumers make good decisions about their medical care. Get Inside Your Doctor's Head provides advice about such questions as when to seek treatment, when to get another opinion, and when to let time take its course. You can turn to the Ten Rules when you are weighing your doctor's recommendations about diagnostic tests and treatments and use them to communicate more effectively with your doctor. As with all rules, the Ten Rules of Internal Medicine have occasional exceptions-and when evidence suggests that you are an exception, the relevant rule should be broken. You can follow the Ten Rules to make decisions in the increasingly complicated medical world when...



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