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Youth Soccer Drills (3rd Revised edition)

By Jim Garland

Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, Youth Soccer Drills (3rd Revised edition), Jim Garland, Youth Soccer Drills is an indispensable tool for coaching young footballers aged five to twelve. It contains over 100 drills and games to make training sessions more fun and productive. Through these practice activities, even novice coaches will soon have young players mastering the essential skills of movement, dribbling, passing, shooting and heading. The comprehensive drill finder allows coaches to select the perfect drill according to the particular skills they are looking to develop and includes plans for specific age groups that are ready to take straight onto the pitch. Youth Soccer Drills will make practice more productive, put the fun back into fundamentals and help young players execute skills and tactics at the appropriate stage.



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