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# HAPPY PEAR: HEALTHY, EASY, DELICIOUS FOOD TO CHANGE YOUR LIFE



Penguin Books Ltd. Hardback. Book Condition: new. BRAND NEW, Happy Pear: Healthy, Easy, Delicious Food to Change Your Life, David Flynn, Stephen Flynn, "I love The Happy Pear.genuinely good food that brings healthy eating in from the cold." (Irish Times). Let's face it: while we want to eat more fruit and veg and things we know are good for us, we sometimes fall short because we're not sure how to turn all that great produce into great food. Well, welcome...

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- Authored by David Flynn, Stephen Flynn
- Released at -



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