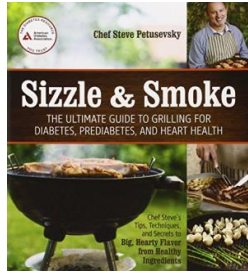


## Sizzle and Smoke: The Ultimate Guide to Grilling for Diabetes, Prediabetes, and Heart Health



### Book Review

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